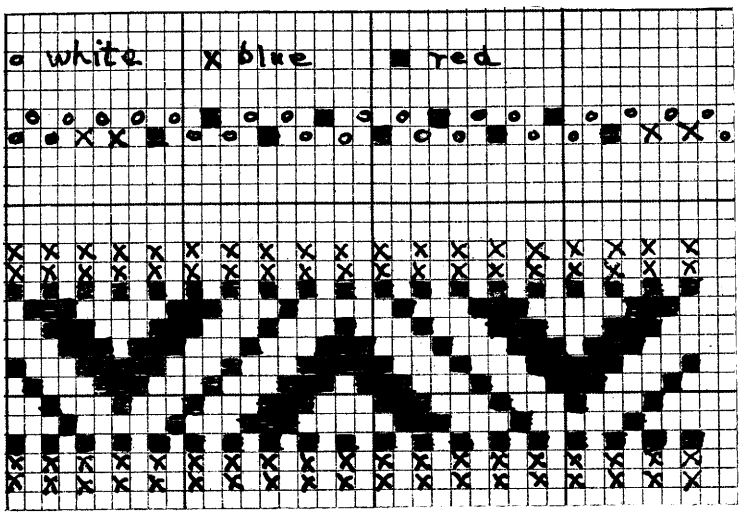
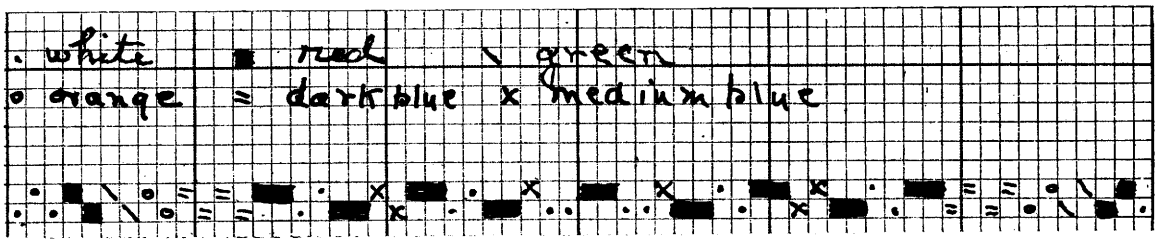


necessary to include in the instructions the passing of the shuttle and the changing of the shed, but these must be used in their correct order nevertheless. Now 5 threads are up, depress 1, 2, 4, 5 and pickup 2 and 4; 4 threads up, depress 1 and 4, pickup 1 and 4; 5 threads up depress 1, 3, 5, pickup 1 and 5; 4 threads are up, depress 2 and 3 and remove pickup stick; five threads up, depress 2 and 4, pickup 3; 4 threads up, depress 1 and 4, no pickup; 5 threads up, depress 2 and 4, pickup 1 and 5; 4 threads up, depress 2 and 3, pickup 1 and 4; 5 threads up, depress 1, 3 and 5, pickup 2 and 4; 4 threads up, depress 1 and 4, pickup 2 and 3. Repeat.

Figure 3 shows the original band from Trondheim. The next two are copies in different colors and materials. The fourth is the original belt from Bergen. The instructions for this show a slight variation from the design in the original.

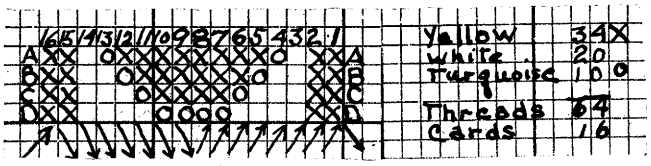


Book Marks and Hair Bands on Card Weaving

By ELOISE COBB

Bookmarks and Hair Bands can be made from the accompanying pattern of card weaving of Mrs. Atwater's.

I made the Bookmarks 5/8″ wide and 7 or 8″ long; leaving a space of 3″ or so between each bookmark. Then when finished cut in between making 1½″ of fringe on each end of bookmark.



The Hair Bands I made 24 or 28″ long but no fringe. A good combination was yellow, white and tourquoise, another red, white and blue.

If cards are turned all one way it makes an arrow head, if the normal 4 and 4 turns are used it makes a diamond. The threads used were the same as for card woven belts or a little finer. Other narrow patterns may also be used.